

Northland Compete USA Competition

(formerly known as Basic Skills Competition)

Held in conjunction with the

37th Annual Northland Figure Skating Competition



January 29, 2017

Duluth, MN

Hosted by the Duluth Figure Skating Club

www.duluthfsc.org

Chief Referee: Jennifer Marker Johnson

Accountant: Lexie Kastner

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Music Coordinator: Mike Wittmann

Co-Chairs: Vikki Buckley and Teri Kautz

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Deadline for Entry: December 11, 2016

The **Duluth Figure Skating Club** is hosting the Northland Compete USA Competition in conjunction with its annual Northland Competition. The competition will be held January 29, 2017 at the Duluth Entertainment Convention Center (www.decc.org), 350 Harbor Drive, Duluth, MN 55802.

General Rules: The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Learn to Skate USA program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Learn To Skate USA program club or any other Learn to Skate USA program/club. Eligibility will be based on skill level as of closing date of entries. ALL SNOWPLOW SAM AND LEARN TO SKATE USA SKATERS THROUGH BASIC 6 must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed including Moves in the Field or individual dances. Skaters in other events may skate at

Entry: (1) Online registration: online registration is preferred and is available via a secured credit card transaction at www.duluthfsc.org, serviced by *Entryeeze*. Registration must be completed by midnight, **December 11, 2016**. Upon receiving your application online an email will be sent to the skater's coach to verify accuracy of entry. An official at the skater's home club will also be notified to certify the skater's standing within the club. (2) Mail in paper registration: paper registration and payment by check will be accepted with a \$5.00 processing fee. Mail in entries must be post-marked no later than **December 11, 2016**. Mail registration form with check payable to *DFSC* to: Northland Basic Skills Competition, c/o Teri Kautz, 1328 99th Ave W, Duluth, MN 55808. Please note that your coach/instructor is required to sign your application form verifying your level of competition and the events you are competing in. *It is the skaters' and coaches' responsibility to verify that the skater has entered the correct event and level. Any change in a skater's event/level after the entry deadline is subject to a \$25.00 change fee. Late entries are only accepted at the discretion of the Referee and subject to a \$25.00 late fee.*

Fees: Fee for a skater's first event is \$70.00. If entering a second event (which must be entered at the same level), the additional fee is \$20.00. There are no refunds (including for medical circumstances) after the registration closing date.

Admission and Event Programs: There is no admission charge for the Northland Competition. Event programs may be pre-purchased for \$10.00 with a limited quantity available for purchase at the competition.

Registration: The Registration Desk will be located in the DECC's Edmund Fitzgerald Hall. Skaters must check in at least one hour prior to their first event. Events may run ahead at the discretion of the Referee. Please plan to check in with the rink monitor at least 45 minutes prior to your event's scheduled start time. All schedules will be posted on an official bulletin board near the registration desk. It is the responsibility of each competitor to check this board for official schedules and notices.

Practice ice: Practice ice will be available for purchase online via *Entryeeze* or at the Registration Desk. Pre-paid practice ice is being offered to competitors for a cost of \$12.00 for each 20-minute session. Skaters will be able to pick their own practice ice sessions online but you must indicate the number of sessions you want during the registration process and must be pre-paid with your entry. Additional ice sales will be available for a cost of \$14.00 after the schedule has been posted and those that pre-register for sessions have had time to select their sessions. Practice ice will also be available for purchase during the competition and will be sold for a cost of \$16.00.

Music: Only standard format CD's clearly marked with the competitor's name will be accepted. A CD must have only ONE track on it. Each CD must be in a paper CD sleeve with a see-through window. Standard hard plastic jewel cases or other CD holders are no longer acceptable. Music must be turned in at the registration desk when checking in for the competition. Music may be picked up at the registration desk after completion of the event. Music WILL NOT be mailed to skaters after the competition.

Awards/Photographs/Videotaping: Awards will be presented to all skaters in Edmund Fitzgerald Hall after results are posted. An official event photographer will be present to take group pictures of award winners as well as individual skaters. The entry fee includes a video of one event. Additional videos and/or events will be available to purchase.

COMPETE USA COMPETITIONS

EVENT: Basic Elements Event: SNOWPLOW SAM – BASIC 6

Format choice of the host: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice.
- No music.
- **All elements must be skated in the order listed.**

Level	Time	Skating rules/standards
Snowplow Sam	1:00 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:00 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row
Basic 2	1:00 max.	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:00 max.	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Beginning backward one-foot glide, either foot • Moving forward to backward two-foot turn on a circle
Basic 4	1:00 max.	<ul style="list-style-type: none"> • Backward one-foot glides, right and left • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, both directions • Beginning two-foot spin, 2-4 revolutions • Backward ½ swizzle pumps on a circle, one direction only
Basic 5	1:00 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, both directions • Advanced two-foot spin, 4-6 revolutions • Forward outside three-turn, right and left • Hockey stop
Basic 6	1:00 max.	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Forward spiral on a straight line, right or left • Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry • T-stop, right or left

EVENT: Pre-Free Skate – Free Skate 6 Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 max

Level	Time	Skating rules/standards
Pre-Free Skate	1:15 max	<ul style="list-style-type: none"> • Forward inside open Mohawk from a standstill position (R to L and L to R) • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • One-foot upright spin, optional entry and free-foot position (minimum three revolutions) • Mazurka • Waltz jump
Free Skate 1	1:15 max.	<ul style="list-style-type: none"> • Forward power stroking, 4-6 consecutive strokes • Backward outside three-turns, right and left • Upright spin, entry from backward crossovers - minimum 4-6 revolutions • Toe loop • Half flip jump
Free Skate 2	1:15 max.	<ul style="list-style-type: none"> • Alternating forward outside and inside spirals on a continuous axis (2 sets) • Backward inside three-turns, right and left • Beginning back spin, up to two revolutions • Half Lutz • Salchow jump
Free Skate 3	1:15 max.	<ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Waltz three-turns, clockwise and counterclockwise • Advanced back spin with free foot in crossed leg position, min 3 revs • Loop jump • Waltz jump/toe loop or Salchow/toe loop jump combination
Free Skate 4	1:15 max.	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin - minimum three revolutions • Half loop jump • Flip jump
Free Skate 5	1:15 max.	<ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions • Camel spin - minimum three revolutions • Waltz jump-loop jump combination • Lutz jump
Free Skate 6	1:15 max.	<ul style="list-style-type: none"> • Forward power pulls, right and left • Split jump or stag jump • Camel, sit spin combination - minimum of four revolutions total • Waltz jump, ½ loop, Salchow jump sequence • Axel jump



COMPETE USA COMPETITIONS

EVENT: Basic Program Event: SNOWPLOW SAM – BASIC 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards
Snowplow Sam	1:10 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:10 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row
Basic 2	1:10 max.	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:10 max.	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Beginning backward one-foot glide, either foot • Moving forward to backward two-foot turn on a circle
Basic 4	1:10 max.	<ul style="list-style-type: none"> • Backward one-foot glides, right and left • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, both directions • Beginning two-foot spin, 2-4 revolutions • Backward ½ swizzle pumps on a circle, one direction only
Basic 5	1:10 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, both directions • Advanced two-foot spin, 4-6 revolutions • Forward outside three-turn, right and left • Hockey stop
Basic 6	1:10 max.	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Forward spiral on a straight line, right or left • Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry • T-stop, right or left



COMPETE USA COMPETITIONS

EVENT: Pre-Free Skate – Free Skate 6 Program Event

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max	<ul style="list-style-type: none"> • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • One-foot upright spin, optional entry and free-foot position (minimum three revolutions) • Mazurka • Waltz jump
Free Skate 1	1:40 max	<ul style="list-style-type: none"> • Forward power stroking, 4-6 consecutive strokes • Upright spin, entry from backward crossovers - minimum 4-6 revolutions • Toe loop jump • Half flip jump
Free Skate 2	1:40 max.	<ul style="list-style-type: none"> • Alternating forward outside and inside spirals on a continuous axis (2 sets) • Beginning back spin, up to two revolutions • Half Lutz • Salchow jump
Free Skate 3	1:40 max	<ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Advanced back spin with free foot in crossed leg position, min 3 revs • Loop jump • Waltz jump-toe loop or Salchow-toe loop jump combination
Free Skate 4	1:40 max.	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin - minimum three revolutions • Half Loop jump • Flip jump
Free Skate 5	1:40 max.	<ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions • Camel spin - minimum three revolutions • Waltz-loop jump combination • Lutz jump
Free Skate 6	1:40 max.	<ul style="list-style-type: none"> • Split jump or stag jump • Camel, sit spin combination - minimum of four revolutions total • Waltz jump, ½ loop, Salchow jump sequence • Axel jump

NORTHLAND BASIC SKILLS COMPETITION ENTRY FORM

Entry must be completed online or postmarked by December 11, 2016

Name: _____ Birthdate: ____/____/____ Gender: F M
Last Name First Name

Address: _____
Street City State Zip Code

Phone Number: _____ E-mail: _____

U.S. Figure Skating/Basic Skills Membership #: _____ Skating School/Club: _____

Check the event(s) below that the skater wishes to enter. If entering two events, both must be skated at the same level. Consult your coach/skating school director before completing this area.

BASIC ELEMENTS EVENT	BASIC PROGRAM EVENT	FREE SKATE COMPULSORY EVENT	FREE SKATE PROGRAM EVENT
<input type="checkbox"/> Snowplow Sam	<input type="checkbox"/> Snowplow Sam	<input type="checkbox"/> Pre Free Skate	<input type="checkbox"/> Pre Free Skate
<input type="checkbox"/> Basic 1	<input type="checkbox"/> Basic 1	<input type="checkbox"/> Free Skate 1	<input type="checkbox"/> Free Skate 1
<input type="checkbox"/> Basic 2	<input type="checkbox"/> Basic 2	<input type="checkbox"/> Free Skate 2	<input type="checkbox"/> Free Skate 2
<input type="checkbox"/> Basic 3	<input type="checkbox"/> Basic 3	<input type="checkbox"/> Free Skate 3	<input type="checkbox"/> Free Skate 3
<input type="checkbox"/> Basic 4	<input type="checkbox"/> Basic 4	<input type="checkbox"/> Free Skate 4	<input type="checkbox"/> Free Skate 4
<input type="checkbox"/> Basic 5	<input type="checkbox"/> Basic 5	<input type="checkbox"/> Free Skate 5	<input type="checkbox"/> Free Skate 5
<input type="checkbox"/> Basic 6	<input type="checkbox"/> Basic 6	<input type="checkbox"/> Free Skate 6	<input type="checkbox"/> Free Skate 6

Online registration at: www.duluthfsc.org via Entryeze
or mail completed Competition Entry Form with check payable to **DFSC** to:
Northland Basic Skills Competition, c/o Teri Kautz, 1328 99th Ave W, Duluth, MN 55808

ENTRY FEES

Skater's first event is \$70.00.....	First Event \$ _____
Skater's second event (skated at same level) is \$20.00.....	Second Event \$ _____
Pre-paid practice ice (allowed 1 per event @ \$12 each).....	\$ _____
Event program (\$10.00).....	\$ _____
Paper Entry Form processing fee (\$5.00).....	\$ 5.00
Late registration fee (if registering <u>after</u> December 11, 2016, add \$25.00).....	\$ _____
Total	\$ _____

SKATING SCHOOL DIRECTOR'S OR COACH'S CONSENT: (This is required for entry acceptance.)
I certify that the above information is correct and that this skater is eligible to compete at the level indicated on this form.

Name of Coach/Skating School Director - Please Print

Signature of Coach/Skating School Director

Date

Email

Phone Number

Parent/Guardian Consent: I have read and agree to the terms of the 2016 Northland Basic Skills Competition. The information provided is complete and accurate. Further, I will not hold liable the Duluth Figure Skating Club, the Duluth Entertainment and Convention Center, or U.S. FIGURE SKATING for any injury or loss incurred by my child or myself during this competition.

Parent/Guardian Signature

Date